

LONG COURSE TIME TRIALS 2018

(UNDER FINA AND SCOTTISH SWIMMING RULES)

26 & 27 MAY

ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Regent Walk, Aberdeen, AB24 1SX

MEET INFORMATION

Pool	50 metres, 10 lanes, deck level, full electronic timing There will be no separate 25 metres swim down facility available		
Sessions	Saturday 26 May		
	Session One	Warm Up 11.30 - Start 12.20	- Finish 15.10
	Session Two	Warm Up 15.50 - Start 16.40	- Finish 19.20
	Sunday 27 May		
	Session Three	Warm Up 08.30 - Start 09.20	- Finish 11.55
	Session Four	Warm Up 12.35 - Start 13.15	- Finish 15.40

(SUBJECT TO CHANGE IF NECESSARY)

Events	50m Backstroke, Butterfly, Breaststroke and Freestyle 100m Backstroke, Butterfly, Breaststroke and Freestyle 200m Backstroke, Butterfly, Breaststroke, Freestyle and Individual Medley 400m Freestyle and Individual Medley 800m Freestyle and 1500m Freestyle
Ages and Consideration Times	Age is at 31 December 2018 and entries will be accepted only from swimmers aged between 12 and 24.

Please note that:

- Events will be swum combined for all ages in heats according to time
- All events will be swum as time-trials with no finals and no awards
- There are no consideration times for these time-trials but times must be submitted on entry for seeding purposes. These should be real times but do not need to be accredited.

In the event that the time trials are over-subscribed, entries will firstly be accepted in proportion to the invitations to be made into the Scottish Summer Meet where possible. Thereafter, entries will be accepted fastest first across age groups (12/13, 14, 15, 16, 17/18 and 19-24) as evenly as is practical. In the event that an event or an age-group is undersubscribed, any time made available will be allocated to other events or age-groups in that session at the discretion of the Swimming Convenor.

These time trials are only open to swimmers who are members of clubs affiliated to SASA North District.

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- Entries** Entries must be submitted by Clubs and will not be accepted from Composite Teams.
- All entries must be on Hy-tek Team Manager entry file (District Rule SW4.1). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact the entries secretary Linda Herbert.
- Please email entry files to – entries@sasanorth.org.uk
- Entry Fee - £6.00 per individual swim
- Summary sheet and entry fees should be sent to -
- Linda Herbert
21 Kinmundy Gardens
Peterhead
Aberdeenshire
AB42 2HW
- (summary sheet may be emailed with entry files)
CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 27 April 2018
- Summary sheet and payment must be received within 3 postal days of this date.
- Payment can alternatively be paid by BACS. Reference should be TT18, followed by the club code e.g. TT18NANX. Please contact North District Treasurer sasanorthtreasurer@hotmail.co.uk for bank details if required.
- Early Withdrawals** Withdrawals prior to the event may be e-mailed to Linda Herbert entries@sasanorth.org.uk to arrive by 5pm at the latest on Friday 25 May 2018.
- NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.
- Withdrawals at the Meet** Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).
- Marshalling** There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.
- Awards** There will be no medals and no awards.

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Technical Officials

Lists of Technical Officials for all sessions must be emailed on the form for this purpose to the Meet Officials Convenor – Sean Dawson at sdawson14@hotmail.com - no later than 14 days before the first day of the meet (11 May 2018) – North District rules SW 6.2. and SW6.3.1 refer.

The form attached to this meet information is acceptable, the excel spreadsheet available on the North District website is preferred.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.

Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, Sean Dawson, or emailed to sdawson14@hotmail.com.

Additional Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.

2. The use of mobile phones is not permitted at any time in the changing village and they must be switched to silent in the pool hall.
3. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.

Access will be granted with a pass. Passes are free and issued to clubs in their club packs. Seating areas may be allocated to each club.

Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. **Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.**

4. Warm-up Supervisors may be appointed at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of any Warm-up Supervisors or Meet Official. Swimmers must leave the pool when the end of their warm up is announced.

Full warm up details will be issued prior to the time trials. The warm up may be segregated.

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5. Vuvuzelas and air horns are not permitted.
6. Participating clubs will receive one copy of start sheets for each session.
7. Different people have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing who you should approach with any queries, concerns or complaints during the various stages of the meet.

Photos/ Videos

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

Meet Convenor

Nickie Scorgie nscorgie@sportaberdeen.co.uk

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Programme of Events

Session One – Saturday 26 May - Warm Up 11.30pm – Start 12.20pm – Finish 3.10pm

- Event 101 Boys 12 - 24 200m Individual Medley
- Event 102 Girls 12 - 24 200m Freestyle
- Event 103 Boys 12 - 24 100m Backstroke
- Event 104 Girls 12 - 24 100m Butterfly
- Event 105 Boys 12 - 24 400m Freestyle
- Event 106 Girls 12 - 24 800m Freestyle
- Event 107 Boys 12 - 24 50m Breaststroke
- Event 108 Girls 12 - 24 50m Freestyle

Session Two – Saturday 26 May - Warm Up 3.50pm – Start 4.40pm – Finish 7.20pm

- Event 201 Boys 12 - 24 200m Butterfly
- Event 202 Girls 12 - 24 200m Backstroke
- Event 203 Boys 12 - 24 100m Freestyle
- Event 204 Girls 12 - 24 100m Breaststroke
- Event 205 Boys 12 - 24 200m Breaststroke
- Event 206 Girls 12 - 24 400m Individual Medley
- Event 207 Boys 12 - 24 50m Butterfly
- Event 208 Girls 12 - 24 50m Backstroke
- Event 209 Boys 12 - 24 800m Freestyle (may be restricted to 1 heat only)

Session Three – Sunday 27 May - Warm Up 8.30am – Start 9.20am – Finish 11.55pm

- Event 301 Girls 12 - 24 200m Individual Medley
- Event 302 Boys 12 - 24 200m Freestyle
- Event 303 Girls 12 - 24 100m Backstroke
- Event 304 Boys 12 - 24 100m Butterfly
- Event 305 Girls 12 - 24 400m Freestyle
- Event 306 Boys 12 - 24 1500m Freestyle
- Event 307 Girls 12 - 24 50m Breaststroke
- Event 308 Boys 12 - 24 50m Freestyle

Session Four – Sunday 27 May - Warm Up 12.35pm – Start 1.15pm – Finish 3.40pm

- Event 401 Girls 12 - 24 200m Butterfly
- Event 402 Boys 12 - 24 200m Backstroke
- Event 403 Girls 12 - 24 100m Freestyle
- Event 404 Boys 12 - 24 100m Breaststroke
- Event 405 Girls 12 - 24 200m Breaststroke
- Event 406 Boys 12 - 24 400m Individual Medley
- Event 407 Girls 12 - 24 50m Butterfly
- Event 408 Boys 12 - 24 50m Backstroke
- Event 409 Girls 12 - 24 1500m Freestyle (may be restricted to 1 heat only)

Entry Times

Please note that accredited times are not required to enter these time trials. Times submitted should be real times achieved at club time trials or unaccredited meets. Entries with "No Time" will be rejected. Times should be submitted as long course times. Times converted from short course using Hy-Tek standard conversion or ASA tables will also be accepted.



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SUMMARY SHEET

Club Name/Abbr _____

Match Secretary _____
Address _____

Tel. No _____
E-mail address _____

..... Individual Age Group Male Entries	@ £6.00	£
..... Individual Age Group Female Entries	@ £6.00	£
..... Coach Meal Passes	@ £12.00	£
TOTAL		£

CLOSING DATE – 27 APRIL 2018

Paperwork to be received within 3 postal days of closing date.

Cheques should be made payable to:

SASA NORTH DISTRICT

**BACS Payment Reference TT18 followed by Club Code eg
TT18NANX**

**Have you enclosed or sent: Cheque (or BACS payment)
Hy-tek Team Manager Entry File
Declaration and Summary Sheet**

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.
I confirm that all coaches passes will only be issued to individuals from our club that are known to be registered with the PVG scheme through Scottish Swimming.

Signed Position in Club Date

(This declaration **must** be completed by all competing clubs)



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OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary

Club _____
 STO Contact Name: _____
 Tel No: _____
E-mail address _____

Meet Officials Convenor: Sean Dawson
 Tel: 07961751652
 E-mail: sdawson14@hotmail.com

No of swimmers entered.....

Session 1										
	Judges	Judge Level	Club Code		Timekeepers	Club Code	SASA Number		Judge Mentoring	Training Level
	Name				Name				Name	
1				1				1		
2				2				2		
3				3				3		
4				4				4		
5				5				5		
6				6				6		
7				7				7		
8				8				8		
9				9				9		
10				10				10		
11				11				11		

COMPLETION AND OTHER NOTES

1. An Officials Sheet **MUST** be completed and emailed to the Meet Officials Convenor, Sean Dawson at sdawson14@hotmail.com **no later than 14 days before the first day of the meet.**

2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:-

4 swimmers or fewer	No Technical Officials required, but please return the form duly marked
5 – 8 swimmers	1 Technical Official for every session of the Meet
9 – 12 swimmers	1 Technical Official for every session, at least Judge 1 or above
13 – 16 swimmers	2 Technical Officials for every session, at least 1 of which must be a Judge 1 or above
17 – 20 swimmers	3 Technical Officials for every session, at least 1 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above
21 – 24 swimmers	4 Technical Officials for every session, at least 1 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above
25 – 49 swimmers	5 Technical Officials for every session, at least 2 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above
50+ swimmers	7 Technical Officials for every session, at least 2 of which must be a Judge 1 or above and 2 more must be a Judge 2 or above

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements, extra officials are always welcome.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5

SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.

4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4

1	Only enter information in the green highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
	Judges		
3	Please complete each Column with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
	Time Keepers		
4	Please complete each Column with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Column.		
	Mentoring Requests		
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.