



**THE 21st  
BRIDGE OF DON ASC  
SEPTEMBER SPLASH**  
Bridge of Don Swimming Pool, Aberdeen  
Saturday the 7th of September 2019



**MEET INFORMATION  
(UNDER FINA RULES AND SASA SWIMMING REGULATIONS)**

<b>Date</b>	Saturday the 7th of September 2019		
<b>Venue</b>	Bridge of Don Swimming pool, Braehead Way, AB22 8RR, 5 lane 25 metre pool, anti-turbulence ropes. There will be no splashboards at the turn end. This is a Level 2 meet, therefore swimmers must start with a dive.		
<b>License Number</b>	<b>L2/ND/021/SEP19</b>		
<b>Sessions</b>	Session One Warm Up	8.15am	Start 9.20am
	Session Two Warm Up	1.15pm	Start 2.20pm
	(Subject to change if necessary)		
<b>Events</b>	Boys / Girls	8 – 10 Years	100m all stokes
		11 – 12 years	100m all strokes
		13 – 14 years	100m all stokes
		<b>Open*</b>	<b>100m IM</b>

**Age on day – 7<sup>th</sup> of September 2019**

Please see attached sheet for qualifying times (slower than).

The meet will operate using the one-start rule and we reserve the right to use over the top starts as necessary. The organising committee also reserve the right to restrict the number of entries to keep the meet to a manageable size.

**\* Swimmers must have qualified and swam in 1 or more individual events to qualify for the 100 Individual Medley, if because of being scratched from individual swims the athletes only swim is the 100IM then this will be permitted.**

**Fees** £5.50 per individual event

**Entry fees should be paid by bank transfer to :-**

**Account: Bridge of Don Amateur Swimming Club**  
**Bank Name: Bank of Scotland**  
**Account No: 00179837**  
**Sort Code: 80-05-11**

**Please use your Club name/SPLASH for reference, e.g BOD/SPLASH**

**Alternatively if paying by cheque please make payable to Bridge of Don ASC**

**Awards** Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> and "too fast" certificates for those who exceed the medal cut off time, which is 5% less than the consideration time.

**Entries** All entries are to be submitted electronically using Hy-Tek Team Manager format. To obtain the meet entry file either download from the SASA North District website or by emailing [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk)

Please email entry files to [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk)

**Please note the change of email address from previous years**

**CLOSING DATE FOR ENTRIES IS WEDNESDAY THE 14th OF AUGUST 2019**

Please send the associated paperwork and summary sheet to:

Claudia Kari,  
28 Glashieburn Avenue,  
Bridge of Don,  
Aberdeen,  
AB22 8UQ  
Email: [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk)

Receipt of entry file will be confirmed by email.

Clubs will be notified of any rejected swims prior to the meet along with a draft programme.

**Meet Convenor** **Lyn Strachan**  
Email – [president@bodasc.co.uk](mailto:president@bodasc.co.uk)

## Withdrawals

**Medical Withdrawals** Please note that anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet.

**Withdrawals prior to the event** should be e-mailed to [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk) to arrive by 5.00 pm at the latest on Friday the 7th of September 2019. No telephone withdrawals will be accepted. NB: All details must be included on e-mail withdrawals i.e. Name, Event No, Stroke, Comp No etc. Withdrawals received prior to the closing date will be refunded in full.

**Withdrawals at the Meet** should be notified on the relevant withdrawal form. The sheets should be handed in to the recorders 45 minutes prior to the start of the first session and updated accordingly 45 minutes before session two. Reserves for heats must marshal unless they have also withdrawn as above.

## Officials

Lists of Technical Officials for all sessions can be submitted on the official's sheet below by Wednesday the 21st of August and any queries or changes after the closing date can be directed to the STO Convenor, Audra Torliefson, [stoconvenor@bodasc.co.uk](mailto:stoconvenor@bodasc.co.uk).

**All clubs are respectfully requested to provide a minimum of 1 official per session when 6 or more swimmers are accepted. Clubs that have 10 swimmers or more accepted should provide a minimum of 2 technical officials per session, at least one of which should hold a minimum qualification of Judge 1.**

Mentoring requests will be considered by the Referees.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the STO Convenor when names are submitted.

Technical officials will be offered lunch.

## Meet Notes

Bridge of Don ASC reserves the right to accommodate empty lanes with their own club swimmers after all reserve swimmers have been accommodated.

If the meet is oversubscribed and cuts have to be made in order to meet the capacity of the building, swimmers with the fewest swims in a session will be rejected first regardless of where they lie in the seeding.

Entries must be submitted using the fastest short course time from a competition or club time trial that a swimmer has recorded, times converted from long course competitions or time trials must not be used.

Swimmers with no entry time (NT) will be rejected.

The meet is licenced and Level 2 accreditation will be applied for.

Swimmers must be registered members of Scottish Swimming. Registration numbers must be shown on the entry files.

There will be no entry to the changing area before 8am.

Lockers provided in the changing rooms should be used for clothes and other belongings at all times, to keep cubicles free for other swimmers.

The meet organisers and the facility management cannot be held responsible for items lost during the course of the meet.

No glassware should be taken onto poolside or into the changing area.

Coaches can request lunch at a cost of £5 and requests should be submitted with the summary sheet and payment must be made along with the entry fees.

Footwear must be used outside the pool area.

**The use of mobile phones is not permitted at any time in the changing area, toilets or shower areas and they must be switched to silent in the pool hall.**

Seating areas may be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.

Participating clubs will receive one copy of the start sheets for each session.

There is no café at Bridge of Don Swimming Pool. There will be a tuck shop but it will only offer snacks and juice.

Depending on session timings, medal presentations may take place in the Dining hall at the end of sessions 1 & 2

## **Photos/Videos**

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form).

In line with Child Protection guidelines, the use of mobile phones will not be permitted either in the toilets, shower areas or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment.

Videos and photographs should only be posted on secure social media pages & club websites. We would be grateful if you could ensure that all members of your club are aware of this requirement.

## Bridge of Don ASC September Splash

Session One	Warm Up 8.15am	Start 9.20am	Entry Times Slower Than
<b>Events</b>			
Event 101	Girls	100 IM	Open
Event 102	Boys 8 – 10	100 Freestyle	1.28.00
Event 103	Girls 8 – 10	100 Freestyle	1.30.00
Event 104	Boys 11 – 12	100 Breaststroke	1.43.00
Event 105	Girls 11 – 12	100 Breaststroke	1.45.00
Event 106	Boys 13 – 14	100 Backstroke	1.22.00
Event 107	Girls 13 – 14	100 Backstroke	1.24.00
Event 108	Boys 8 – 10	100 Butterfly	1.43.00
Event 109	Girls 8 – 10	100 Butterfly	1.45.00
Event 110	Boys 11 – 12	100 Freestyle	1.18.00
Event 111	Girls 11 – 12	100 Freestyle	1.20.00
Event 112	Boys 13 – 14	100 Breaststroke	1.29.00
Event 113	Girls 13 – 14	100 Breaststroke	1.31.00

Session Two	Warm Up 1.15pm	Start 2.20pm	Entry Times Slower Than
<b>Events</b>			
Event 201	Boys	100 IM	Open
Event 202	Girls 8 – 10	100 Backstroke	1.45.00
Event 203	Boys 8 – 10	100 Backstroke	1.43.00
Event 204	Girls 11 – 12	100 Butterfly	1.35.00
Event 205	Boys 11 – 12	100 Butterfly	1.33.00
Event 206	Girls 13 – 14	100 Freestyle	1.10.00
Event 207	Boys 13 – 14	100 Freestyle	1.08.00
Event 208	Girls 8 – 10	100 Breaststroke	1.50.00
Event 209	Boys 8 – 10	100 Breaststroke	1.48.00
Event 210	Girls 11 – 12	100 Backstroke	1.36.00
Event 211	Boys 11 – 12	100 Backstroke	1.34.00
Event 212	Girls 13 – 14	100 Butterfly	1.21.00
Event 213	Boys 13 – 14	100 Butterfly	1.19.00



# The 21st Bridge of Don ASC September Splash Meet 2019



Meet Officials Convenor : Audra Torliefson, email : stoconvenor@bodasc.co.uk

CLUB \_\_\_\_\_

STO Contact \_\_\_\_\_

Telephone No \_\_\_\_\_

Email Address \_\_\_\_\_

## OFFICIALS SHEET

Name	Judge	Timekeeper	Mentor	Session 1	Session 2	Signature Required
Mr Example		X	J1	y	y	Yes CIT

**OFFICIALS SHEET - Please Note: This sheet is to be emailed to the STO Convenor NOT the Meet Co-ordinator by Wednesday the 21st of August 2019**

**The 21st BRIDGE OF DON ASC  
SEPTEMBER SPLASH 2019**

Match Secretary \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tel No \_\_\_\_\_

Email \_\_\_\_\_

Club Name / Abbr \_\_\_\_\_

**ENTRIES SUMMARY**

Female Individual Entries \_\_\_\_\_ @ £5.50 £ \_\_\_\_\_

Male Individual Entries \_\_\_\_\_ @ £5.50 £ \_\_\_\_\_

Coaches Pass \_\_\_\_\_ @ £5.00 £ \_\_\_\_\_

Total Amount £ \_\_\_\_\_

**CLOSING DATE WEDNESDAY THE 14th OF AUGUST 2019**

**Entries Secretary :- Claudia Kari**

**Email Address :- [meetcoordinator@bodasc.co.uk](mailto:meetcoordinator@bodasc.co.uk)**

**Entry fees should be paid by bank transfer to Bridge of Don ASC, Account no 00179837, Sort Code 80-05-11**

**Please use your Club name/SPLASH for reference, e.g BOD/SPLASH**

**Alternatively if paying by cheque please make payable to Bridge of Don ASC**

**Declaration** I confirm that all swimmers entered in this competition have paid their current SASA membership fee

Signed \_\_\_\_\_ Position in Club \_\_\_\_\_ Date \_\_\_\_\_

(This declaration must be completed by all competing clubs)