



## **UOAPS CLUB CHAMPIONSHIPS 2019**

### **MEET INFORMATION**

*University of Aberdeen Performance Swimming invites you to the 2019 Club Championships:*

- Venue**                   Aquatics Centre, Aberdeen Sports Village, Regent Walk, Aberdeen, AB24 1SX
- Pool**                     25 metres, 10 lanes, deck level, full electronic timing, backstroke ledges.  
There will be no separate 25 metre swim down facility available
- Date**                     Saturday 14<sup>th</sup> of September 2019
- Licence Number**       Licence No: L2/ND/004/SEP19
- Sessions**               Session 1       Warm up: 12.00 am   Start: 12.35 pm   Finish: 2.30 pm (Approx)  
Session 2       Warm up: 2.50 pm   Start: 3.15 pm    Finish: 5.00 pm (Approx)  
*(Subject to change if necessary)*
- Arrival**                 Swimmers are advised they should not arrive too early as they will not gain entrance to the pool until 11.45 am at the very earliest.
- Events**                 *All swimmers:*  
50m Backstroke, Butterfly, Breaststroke and Freestyle  
100m Backstroke, Butterfly, Breaststroke, Freestyle and Individual Medley  
200m Freestyle, 200m Individual Medley
- All events will be Heat Declared Winner, All events will be combined gender events

**Event Order**

Session 1			
101	200m Individual Medley	Open	Mixed
102	50m Backstroke	Open	Mixed
103	100m Butterfly	Open	Mixed
104	50m Breaststroke	Open	Mixed
105	100m Backstroke	Open	Mixed
106	50m Freestyle	Open	Mixed

Session 2			
201	100m Freestyle	Open	Mixed
202	50m Butterfly	Open	Mixed
203	100m Breaststroke	Open	Mixed
204	200m Freestyle	14 & Under	Mixed
205	100m Individual Medley	15 & Over	Mixed
206	100m Individual Medley	14 & Under	Mixed
207	200m Freestyle	15 & Over	Mixed

<b>Ages</b>	<b>Age as at 31<sup>st</sup> of December 2019.</b>  Age Groups: 13 & Under, 14yr, 15yr, 16/17yrs, 18 & Over
<b>Accreditation</b>	A licence has been granted and accreditation will be applied for to the SASA North District
<b>Rules</b>	Meet will be held under FINA rules and SASA regulations.
<b>Eligibility</b>	University of Aberdeen Performance Swimming athletes in the following squads are eligible: High Performance, Performance Sprint, Performance, Performance Development & Club Connect. Athletes who have been entered and swam as University of Aberdeen Performance Swimming (UoAPS) between the 1 <sup>st</sup> of October 2018 and the 31 <sup>st</sup> of August 2019 (individual or relay swims) and are still a member of Bon Accord Thistle, Bridge of Don ASC, Bucksburn ASC, Cults Otters ASC and Dyce ASC will also be eligible to enter. All swimmers must be SASA registered by the 31 <sup>st</sup> of August 2019.
<b>Entries</b>	There are no consideration times for this meet, but entry times must be submitted on entry for seeding purposes. These should be real times but do not need to be accredited. Training times can be used. Entries with no times will not be accepted.  All entries will be accepted. All entries must be on Hy-Tek Team Manager entry file.  A draft programme will be available prior to the meet for checking.  <b>CLOSING DATE</b> for entries – Sunday the 1 <sup>st</sup> of September 2019 (5pm)  <b>LATE ENTRIES WILL BE CONSIDERED</b>
<b>Entry Fees</b>	<b>Entry to the meet will be free, no event entry costs</b>
<b>Early Withdrawals</b>	Withdrawals prior to the event should be e-mailed to: Mark Perry: <a href="mailto:uoaassistantmeetsec@gmail.com">uoaassistantmeetsec@gmail.com</a>  To arrive by 5pm at the latest on Friday the 13 <sup>th</sup> of September 2019  Withdrawals to be approved and submitted by the coaching team detailing: Name, Event No and Stroke
<b>Withdrawals at the meet</b>	Withdrawals at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 40 minutes prior to the start of the session.
<b>Marshalling</b>	There will be marshalling for heats, this will be on poolside. There will be no reserves. <b>Please ensure that swimmers are present at marshalling well ahead of their race.</b> The start of a race will not be delayed for absent competitors.
<b>Awards</b>	13 & Under Male Champion, 13 & Under Female Champion 14yr Male Champion, 14yr Female Champion 15yr Male Champion, 15yr Female Champion 16/17yrs Male Champion, 16/17yrs Female Champion 18 & Over Male Champion, 18 & Over Female Champion 15yr & over 200m freestyle Male Champion, 15yr & over 200m freestyle Female Champion 14yr & under 100 IM Male Champion, 14yr & under 100 IM Female Champion

The Individual Age Group trophies will be awarded on a points scoring system determined by the points gained in the **athletes highest scoring 6 individual events**, the events that score for each individual age group are as follows :-

**13 years & under, 14 years old** – 50m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly, 100m freestyle, 100m breaststroke, 100m backstroke, 100m butterfly, 200m Individual medley, 200m freestyle

**15 years old, 16/17 years, 18 years and over** - 50m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly, 100m freestyle, 100m breaststroke, 100m backstroke, 100m butterfly, 100m Individual medley, 200m Individual medley

The 200m freestyle for athletes 15 years & over is **not** a scoring event, this event has its own trophy.

The 100m Individual Medley for athletes 14 years & under is **not** a scoring event, this event has its own trophy.

Points are awarded as follows :-

1<sup>st</sup> 6 points

2<sup>nd</sup> 5 points

3<sup>rd</sup> 4 points

4<sup>th</sup> 3 points

5<sup>th</sup> 2 points

6<sup>th</sup> 1 point

## Technical officials

The Club will be required to provide officials. Without sufficient officials the meet will not be able to gain accreditation.

Available technical officials should notify availability to Gareth Bristo by email: [uoasto@gmail.com](mailto:uoasto@gmail.com) before: **Friday the 30<sup>th</sup> of August 2019 (5pm)**

Mentoring requests will be considered by the Session Referee. It may be more likely for officials mentoring requests to be honoured if the club provides a supply of qualified officials (Judge 1 & above), however we cannot guarantee all requests to be granted.

## Photos/Videos

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form). The use of mobile phones will not be permitted in the showers, in the toilets or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment. We would be grateful if you could ensure that all members of your club are aware of this requirement.

## Additional Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
2. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
3. Swimmers must follow the instructions given to them by the meet officials and behave in a reasonable manner at all times.
4. Lockers provided in the changing rooms should be used for clothes and other belongings at all times, to keep cubicles free for other swimmers. The Club cannot be

held responsible for items lost during the course of the meet.

5. Food must not be eaten on poolside and no glassware should be taken onto poolside or into the changing area. No hot drinks are permitted on poolside.

6. To comply with child protection policies please ensure that swimmers wear clothing and pool shoes when leaving poolside. No poolside changing is allowed.

**7. The Club is responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.** Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them.

8. Coaches should ensure that their swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction announced. Full warm up details will be issued prior to each round.

9. Poolside access should be limited to team coaches and chaperones. Please note that there will be no access to poolside for spectators.

10. Vuvuzelas and air horns are not permitted at this meet.

11. Results will be posted on meet mobile, at the pool during the meet and will be distributed immediately following the meet.

**12. The use of mobile phones is not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.**

13. There will be medal presentations after each event with the exception of the first event.

**Meet  
Convenor**

Mark Perry [uoaassistantmeetsec@gmail.com](mailto:uoaassistantmeetsec@gmail.com)

